

25 events **in 25** years
(Number Three)



Two Darts and a Hirsute Hand



SUNDAY 8th March 2009

Meet: Postbridge Car Park at 10.30 a.m.

(GR 647789)

ROUTE: Up the West Dart and through Sandy Hole Pass, navigate across open moorland to Flat Tor, on to Rough Tor, then Crow Tor, drop across the West Dart and climb up over Longaford Tor to Higher Cherrybrook Bridge. Then into Belever Forest to Belever Tor and return to Postbridge.

APPROX. DISTANCE: 10-11 miles

WHAT TO WEAR: Long sleeve thermal top,
grippy shoes

MANDATORY EQUIPMENT: Cagoul, hat
EQUIPMENT gloves, food (Powerbar, Mars bar)

We will be running at a steady pace and nobody will be left behind (it makes the Moor look untidy leaving decaying runners everywhere). There will be opportunities to try mountain navigation using map and compass for those who want to have a go (or those who have to take charge because Dave has got himself lost again!!!).

We will probably end up in either a pub or cafe at either Princetown or Mortonhampsted afterwards.



Sandy Hole Pass

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