

# SWRR 2011 Club Championship

RACES : 1= Brookes 3k 2= Taunton mara 3= Yeovilton 5k 4= Haldon Heartbeat 5= GWR 6= Exterminator 7= Run in the Wild 8= Martock 10k 9= Charmouth Challenge 10= Wellington Ten 11= Totnes 10k 12= Forest Flyer 13= Powderham 14= Taunton 10k 15= Dartmoor Vale 16= The Drogo W=WILDCARDS.

RUNNERS	Total	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	W1	W1 details	W2	W2 details	Total
Karen Cook	4494	900				867	906				847	904	878	906		723	825					4494
Paul Thomas	4241						836	847						838	848			872	HonitonHippo			4241
Nic Einchcomb	4059		780			781											816	846	Black Death	836	Haytor Heller	4059
Rob Millward	3907	747		758	775		769	786				769	732	754				798	GreatWestern	779	The Stickler	3907
Ian Pang	3897	783	794		793	721												806	BictonBlister			3897
Kathryn Hough	3833	755	761			749										702	734	781	Templer Ten	787	Bideford 1/2	3833
Dave Moulder	3744								746						772	692		760	IBR3000mNov	774	Exeter 10k	3744
Tony Gale	3665								736					732			677	774	Templer Ten	746	Sedgemoor	3665
Mandy Wheeler	3602		676	694			692				674			725			647	761	Templer Ten	730	BictonBlister	3602
Jim Durston	3536			718	703	703											689	708	Easter Bunny	704	pre GWR 10k	3536
Rob Graham	3273				647				658						669		637	662	Sedgemoor			3273
Mike Atkins	3177		618		649	647	629					652						629	TalatonTrotter			3177
Shaun Parkin	3148				810							781					778	779	Haytor Heller			3148
Neil Lawson	3116					755							767					801	IBR Summ5k	793	Exeter 10k	3116
Lucy Commander	3071					770						800					753	748	Haytor Heller			3071
Davina Blanchard	2898		722		746					715							715					2898
John Kavanagh	2889				738	701	731											719	Arena10,000m			2889
Lewis Jones	2425											822	789					814	BictonBlister			2425
Owen Evans	2366											772						799	Haytor Heller	795	Black Death	2366
Andrew Haydon	2177																698	731	BictonBlister	748	TalatonTrotter	2177
Mark Robinson	2104						699										712	693	Ivybridge10k			2104
Debra Pressley	2093				683							704						706	TalatonTrotter			2093
Dave Pressley	2037				672							681						684	TalatonTrotter			2037
Paul Madge	1966							661				663						642				1966
Trudi Smith	1953		659			657												637				1953
Steve Rosser	1435												726						709	Dawlish Dash		1435
Simon Tucker	1422														728			694				1422
Graham Reynolds	1409																701	708	Bampton-Tivi			1409
Chris Powell	1409																686	723				1409
Graham Partridge	1371		690			681																1371
Catherine Hilton	1330					679												651				1330
Alister Ferguson	1305	663				642																1305
Gail Furness	1291					627								664								1291
Vanessa Smith	1290				658							632										1290
Sue Jewell	1259						625											634				1259
Emma Hitchins	852				852																	852
Richard Everson	830																	830				830
Emma Sharples	786																	786				786
Tim Vials	785					785																785
Anthony King	782																	782				782
James Prentice	774																	774				774
Andy Jones	767					767																767
Mark Payne	757														757							757
Jonathon Richard	749																	749				749
Miles Woolnough	732	732																				732
Catherine Philp	731				731																	731
Peter Daniel	731					731																731
Jo Pearce	720													720								720
Ben Partridge	719					719																719
Lisa Souch	702				702																	702
Barry Frost	702																	702				702
Paul Hammond	684																	684				684
Andrew Taylor	684																	684				684
Vanda van der Linden	674																	674				674
Grant Thompson	667					667																667
Sue Scott	663											663										663
Pete Williams	661																661					661
Paul De'Athe	657					657																657
Neil Popham	652							652														652
Richard Westgate	645		645																			645
Ayse Vahiboglu	643																	643				643
Frank Gent	639		639																			639
Peter Rowe	636																	636				636
Hayley Stokes	635				635																	635
Alek Lach	634	634																				634
Robert Luke	634		634																			634
Jonathan Armes	632																	632				632
Andrew Bloor	623																	623				623
Maria Robinson	618			618																		618
Jayne Lockwood	617																617					617
Tracy Tonkin	613	613																				613
Samantha Beare	601										601											601
	0																					0
RUNNERS	Total	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	W1		W2		Total

Best five races to count. Runners must race as a South West Road Runner and be up-to-date with subs to be eligible. As far as possible champ races are EA, ARC, TRA or FRA licensed. Points will be awarded as per the new World Masters Association WMA2010 tables (%x10) as per [www.howardgrubb.co.uk/athletics/wmalookup06.html](http://www.howardgrubb.co.uk/athletics/wmalookup06.html) with offroads and multis amended to take account of terrain and conditions underfoot, (see bottom of sheet for details). Only points above 600 will count. (NDB = no date of birth information). Favourite races missing from the list? Use your wildcards! Suitable local races (west of a line joining Wareham, Warminster and Clevedon) between 1st Feb and the end of November will be eligible as wildcards and may be nominated after the event, (by e-mail to me please). Results must be easily accessible and no SWRR races may be used due to marshaling considerations. Your two wildcards must be different distances and both should, ideally, be EA, ARC, TRA or FRA licensed. Offroad and M/T wildcards must have at least 75 finishers. Champ organiser has final decision on eligibility and scoring. The last date for nominating wildcards is 1st December 2011. [rob.millward@swrr.co.uk](mailto:rob.millward@swrr.co.uk) SCORING OFFROAD & MULTI-TERRAIN RACES (including wildcards). In order to take account of wide differences in terrain and conditions underfoot the following scoring method will apply. Take the time of the runner 10% down the field and get WMA points for a senior male for this time. If these points are "x" then the multiplier for all other race points is 693/"x". (24 recent flattish local road races of varying distances from 5k to 1/2 marathon averaged 693 WMA points for the time of the runner 10% down the field, measured as a senior male.) Occasionally, if this method yields high 'rogue' results, the multiplier might be tweaked a little to give lower points more in line with norm for consistent runners.