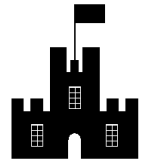


SOUTH WEST ROAD RUNNERS PROUDLY PRESENT



THE DROGO 10



Sunday November 20th 2011

(Held under FRA rules. 9.6 miles / 1760ft. BM)



National Trust

Yes, it's Drogo time again! Another chance to experience 10(ish) miles of hilly, muddy cross-country terrain, enjoy the stunning views of the Teign valley, and tackle the infamous Hunter's Path hill. Half of your entry fee will be donated to the National Trust to help with the upkeep of Castle Drogo.

Prizes for 1st, 2nd & 3rd male and female overall, and veteran categories

Team prize (1st male, 1st female — three to count)

Race starts at 10:30am at Castle Drogo, Drewsteignton

Race entry fee: £10.00 750 limit

Entries on the day - £2.00 extra (if limit not reached)

Quality memento for all finishers

Closing date for postal entries 16th November 2011

Sorry - for safety, no dogs or personal MP3 players allowed!

Minimum age 18 years on day of race

Please make cheques payable to "South West Road Runners" and send to: Pam Gurney, 9 Snowdrop Mews, Exeter EX4 2PN

No SAE required. All race numbers to be collected from Race HQ on race day

For confirmation of entry and more information, visit the race website at www.thedrogo.co.uk

Surname:		Forenames:	
Address:			
Telephone number:			
E-mail address:			
Age on race day:		Date of Birth:	
Male/Female:		Signature:	
Club:			

I UNDERSTAND THAT THIS RACE IS HELD IN ACCORDANCE WITH BOTH THE RULES AND SAFETY REQUIREMENTS OF THE FRA. I CONFIRM THAT I AM AWARE OF THE ORGANISER'S INFORMATION AND REQUIREMENTS IN CONNECTION WITH THIS RACE. I ACCEPT THE HAZARDS INVOLVED IN FELL RUNNING AND ACKNOWLEDGE THAT I AM ENTERING AND RUNNING THIS RACE AT MY OWN RISK. OTHER THAN THE ORGANISER'S LIABILITY FOR CAUSING DEATH OR PERSONAL INJURY BY NEGLIGENCE, I CONFIRM THAT I UNDERSTAND THAT THE ORGANISER ACCEPTS NO LIABILITY TO ME FOR ANY LOSS OR DAMAGE OF ANY NATURE TO MYSELF OR MY PROPERTY ARISING OUT OF MY PARTICIPATION IN THIS RACE