

## SEPTEMBER 2018

DATE	RACE (Location)	DIST-TERRAIN	WEBSITE
2 <sup>nd</sup>	Bridgwater HM/10k	HM/10km road	<a href="http://www.bridgwaterhalfmarathon.co.uk">www.bridgwaterhalfmarathon.co.uk</a>
4 <sup>th</sup>	Exe 5k #6	5km road	<a href="http://www.city-runs.co.uk">www.city-runs.co.uk</a>
9 <sup>th</sup>	Bude Pirate Run	8m trail/coastal	<a href="http://www.buderats.co.uk">www.buderats.co.uk</a>
9 <sup>th</sup>	Great North Run (Newcastle)	HM road	<a href="http://www.greatrun.org">www.greatrun.org</a>
12 <sup>th</sup>	Yeovilton summer 5k #6	5km road	<a href="http://www.yeoviltownrrc.com">www.yeoviltownrrc.com</a>
23 <sup>rd</sup>	Dornafeld Ladies 10k	10km road	<a href="http://www.teignbridgetrotters.co.uk">www.teignbridgetrotters.co.uk</a>
23 <sup>rd</sup>	Great Bristol Half Marathon	HM road	<a href="http://www.greatrun.org">www.greatrun.org</a>
25 <sup>th</sup>	Exeter Harriers open meeting (includes INSTEP 3k)	Track/field	<a href="http://www.exeterharriers.org.uk">www.exeterharriers.org.uk</a>
30 <sup>th</sup>	Taunton 10k	10km road	<a href="http://www.taunton10k.co.uk">www.taunton10k.co.uk</a>

## OCTOBER 2018

DATE	RACE (Location)	DIST-TERRAIN	WEBSITE
7 <sup>th</sup>	Westward League #1 (Plymouth)	XC	<a href="http://www.city-runs.co.uk">www.city-runs.co.uk</a>
7 <sup>th</sup>	<b>Burnham-on-Sea HM</b>	<b>HM road</b>	<a href="http://www.burnham-on-sea-harriers.com">www.burnham-on-sea-harriers.com</a>
14 <sup>th</sup>	Great West Run	HM road	<a href="http://www.thegreatwestrun.co.uk">www.thegreatwestrun.co.uk</a>
14 <sup>th</sup>	Eden Project races	M/HM MT	<a href="http://www.marathonandahalf.co.uk">www.marathonandahalf.co.uk</a>
21 <sup>st</sup>	Great South Run (Portsmouth)	10m road	<a href="http://www.greatrun.org">www.greatrun.org</a>
28 <sup>th</sup>	Dart Vale races	M/HM/10k road	<a href="http://www.dmvmarathon.org.uk">www.dmvmarathon.org.uk</a>

## NOVEMBER 2018

DATE	RACE (Location)	DIST-TERRAIN	WEBSITE
4 <sup>th</sup>	Bideford 10 mile	10m road	<a href="http://www.bidefordaac.co.uk">www.bidefordaac.co.uk</a>
4 <sup>th</sup>	Templer 10 (Stover)	10m MT	<a href="http://www.teignbridgetrotters.co.uk">www.teignbridgetrotters.co.uk</a>
11 <sup>th</sup>	Westward League #2 (Newquay)	XC	<a href="http://www.city-runs.co.uk">www.city-runs.co.uk</a>
18 <sup>th</sup>	The Drogo	10m MT	<a href="http://www.swrr.co.uk">www.swrr.co.uk</a>
18 <sup>th</sup>	Herberts Hole Cross Country Challenge (Chesham)	>10km MT	<a href="http://www.chilternharriers.weebly.com">www.chilternharriers.weebly.com</a>
25 <sup>th</sup>	Bicton Blister	10m MT	<a href="http://www.exmouth-harriers.co.uk">www.exmouth-harriers.co.uk</a>

## DECEMBER 2018

DATE	RACE (Location)	DIST-TERRAIN	WEBSITE
2 <sup>nd</sup>	Westward League #3 (Exeter)	XC	<a href="http://www.city-runs.co.uk">www.city-runs.co.uk</a>
16 <sup>th</sup>	Haldon Jingle Bell run	10km/5km trail	<a href="http://www.city-runs.co.uk">www.city-runs.co.uk</a>
23 <sup>rd</sup>	Wellington Monument race	>10km MT	<a href="http://www.tauntonac.org">www.tauntonac.org</a>