

## SOUTH WEST ROAD RUNNERS CLUB CHAMPIONSHIP 2019

	1	2	3	4	5	6	7	8	9	10	11	12				
	Exmouth 5	Granite Way 10 or 20	Easter Bunny 10k	Bampton to Tiverton	Devon 10,000m champs	Otter Rail/River race	Exe or Yeovilton 5k (Avg)	Bridgwater HM or 10k	Great West Run	Bicton Blister	Wellington Monument	Any track 3000m	Parkrun points	Wildcard points	Wildcard race	TOTAL
Suzie Tosh	766	673			711		780					734	50	750	Exe 5k April	4464
Lynda Garcia	751		705		703	[701]	752		740				100			3751
Richard Stone	679		[653]	678		[627]		700	676			655	150			3538
Caroline Tait	736	[662]	705	724		669	759						150			3743
Jon Major	708	653				670	733		707				150			3621
Scott Hunter	736	680			682			724	735							3557
Ollie Thorogood	826						863		830			775	100			3394
Jamie Howard	800					782	842		801				100			3325
Barry Frost	825					799	843		831							3298
Mark Tait	644		584	610		573	642						100			3153
Chloe Fox	798			773		729					736					3036
Martin Saxton	570		567	596		524		581					150			2988
Dom Stacey	749			738		702	752									2941
Shaun Vanstone	708	669					760		734				50			2921
Stephen Collier	670					633	682		677				50			2712
Alister Ferguson	603			672			701		682							2658
Matt Walmsley		605				626		663	685							2579
Edward Pickering							871		847			807				2525
Sam Hopton	835					805	863									2503
Lee Cusick	667			625		548		658								2498
Katie Williams	616	548				563			565				150			2442
Miko Cadeddu							821	803	810							2434
Gwylm Gibson	816				775		839									2430
Amy Jones	828							805	792							2425
Jo Pearce	794				770							707				2271
Andy Macmillan	764			763	719											2246
Paul Stidworthy	707						756		742							2205
Ethan Sterry							730		728			682				2140
Ian White	696			682			730									2108
Geoff Smith	705		664		667								50			2086
Jules Pring	702	585							680				100			2067
Anita Atherton	635					586		634					100			1955
Kieran Ferris	679						649		616							1944
Lawrence Atherton	670					543		601					100			1914
Fern Rice	681	566							652							1899
Lee Hedges	652			642					568							1862
Tim Vials	886			872									50			1808
Lindsey Pattinson	635	550							593							1778
James Woolf	865			804									100			1769
Julie Hedges	864	806														1670
Lewis Jones							814		826							1640
Julian Cabrera						787			811							1598
Katie Coult	774								777							1551
Jim Durston	795				751											1546
Trudy Saxton	713		676										150			1539
Jody Bee							790	743								1533
Lisa Cruise	754											675	100			1529
Victoria Hill		720			764											1484
Amanda Perry	767	716														1483
Louise Reynolds	757								725							1482
Lisa Palin	700								671				100			1471
Jamie Pullinger							772		697							1469
Jason Hockridge									717			675	50			1442
Mike Kay					681	669							50			1400
Richard Pedrick		620					747									1367
Greg Laybourn								682	664							1346
David Nicholls				609					600				100			1309
Linda Gethin	634								617				50			1301
Zara Salman	640			649												1289
John Kavanagh	643						640									1283
Lucy Myton		564							607				100			1271
Alice Wimberley	622								594							1216
Claire Chalk	623	570														1193
James Rice	550	500														1050
Milan Goc									810				100			910
Paul Thomas	888															888
Paul Barter									727				150			877
Karen Cook							861									861
Nick Einchcomb	839															839
Rosie Glazier	730												100			830
Neil Adger									717				100			817
Debra Stevens								654					150			804
Nick Bruce-White				802												802
Don Rufus	800															800

Don't forget wildcards and track 3000m options! Best 5 scores plus wildcard to count