

SOUTH WEST ROAD RUNNERS CLUB CHAMPIONSHIP 2019

	1	2	3	4	5	6	7	8	9	10	11	12				
	Exmouth 5	Granite Way 10 or 20	Easter Bunny 10k	Bampton to Tiverton	Devon 10,000m champs	Otter Rail/River race	Exe or Yeovilton 5k (Aug)	Bridgwater HM or 10k	Great West Run	Bicton Blister	Wellington Monument	Any track 3000m	Parkrun points	Wildcard points	Wildcard race	TOTAL
Edward Pickering							871	847	768	770	807	100	826	Exe 5km July	4989	
Caroline Tait	736	[662]	705	724	[669]	759			[649]	699	250	693	693	Exe 5km June	4566	
Suzie Tosh	766	673			711	780			[665]	734	100	750	750	Exe 5km April	4514	
Lynda Garcia	751		705		703	[701]	752	740	[647]			150	695	Bristol 10km	4496	
Jon Major	708	[653]			670	733	707			709	250	690	690	Exe 5km May	4467	
Richard Stone	679		[653]	678	[627]		700	676		655	200	653	653	Yeovil 5km Sept	4241	
Jamie Howard	800				782	842	801					150	770	Age UK 10k	4145	
Barry Frost	825				799	843	831						807	Exe 5k Sept	4105	
Mike Kay					681	669			610	638	667	100	670	Exmouth 10k	4035	
Mark Tait	644		584	610	573	642						200	594	Exe 5km June	3847	
Chloe Fox	798		773		729				677		736				3713	
Louise Reynolds	757							725	662	725	100	702	702	Axmouth Challenge	3671	
Shaun Vanstone	708	669				760	734	664			100				3635	
Dom Stacey	749		738		702	752		693							3634	
Lee Cusick	667		625		548		658	544					591	Shrewsbury HM	3633	
Andy Macmillan	764		763	719				651					736	Exe 5k July	3633	
Scott Hunter	736	[680]			682		724	735	[663]	[626]	703				3580	
Martin Saxton	570		567	596	524		581					200	532	Taunton HM	3570	
Ollie Thorogood	826					863	830			775	150				3444	
Alistair Ferguson	603		672			701	682					644	644	Bristol 10k	3302	
Miko Cadeddu						821	803	810	739						3173	
Amy Jones	828						805	792	732						3157	
Katie Williams	616	548			563		565				200	573	573	Bristol 10k	3065	
Jim Durston	795			751						724			761	Bristol 10km	3031	
Stephen Collier	670				633	682	677				100				2762	
Kieran Ferris	679				649	616				651					2595	
Tim Vials	886		872						787		50				2595	
Matt Walmsley		605			626	663	685								2579	
Sam Hopton	835				805	863					50				2553	
Gwylm Gibson	816			775	839										2430	
Jo Pearce	794			770						707					2271	
Katie Coult	774						777	705							2256	
Paul Stidworthy	707					756	742								2205	
Geoff Smith	705		664	667							150				2186	
Ethan Sterry						730	728			709					2167	
Jason Hockridge							717	656		698	50				2121	
Jules Pring	702	585					680				150				2117	
Ian White	696		682			730									2108	
Anita Atherton	635				586	634					150				2005	
Lawrence Atherton	670				543	601					150				1964	
Fern Rice	681	566					652								1899	
Lee Hedges	652		642				568								1862	
Lindsey Pattinson	635	550					593								1778	
James Woolf	865		804								100				1769	
Julie Hedges	864	806									50				1720	
Claire Chalk	623	570							517						1710	
Lewis Jones						814	826				50				1690	
Julian Cabrera					787		811								1598	
Trudy Saxton	713		676								200				1589	
Paul Barter							727		626		200				1553	
Jody Bee						790	743								1533	
Lisa Cruise	754									675	100				1529	
Jamie Pullinger						772	697				50				1519	
Neil Adger							717	640			150				1507	
Victoria Hill		720		764											1484	
Amanda Perry	767	716													1483	
Lisa Palin	700						671				100				1471	
Tony Gale							770		675						1445	
Steve Jones							696			685					1381	
Ross Stevens							611	617			150				1378	
Richard Pedrick		620				747									1367	
Linda Gethin	634						617				100				1351	
Greg Laybourn							682	664							1346	
Rob Graham					698				615						1313	
David Nicholls				609			600				100				1309	
Zara Salman	640		649												1289	
John Kavanagh	643					640									1283	
Jonno Johnson										646			628	Exe 5km Sept	1274	
Lucy Myton		564						607			100				1271	
Frank Kelsall								663	590						1253	
Jenny Debenham								657	576						1233	
Roz Debenham								654	567						1221	
Alice Wimberley	622							594							1216	
James Rice	550	500													1050	

FINAL TABLE!!
PRIZES WILL BE AWARDED AT AGM FOR 1ST & 2ND IN EACH AGE CAT.