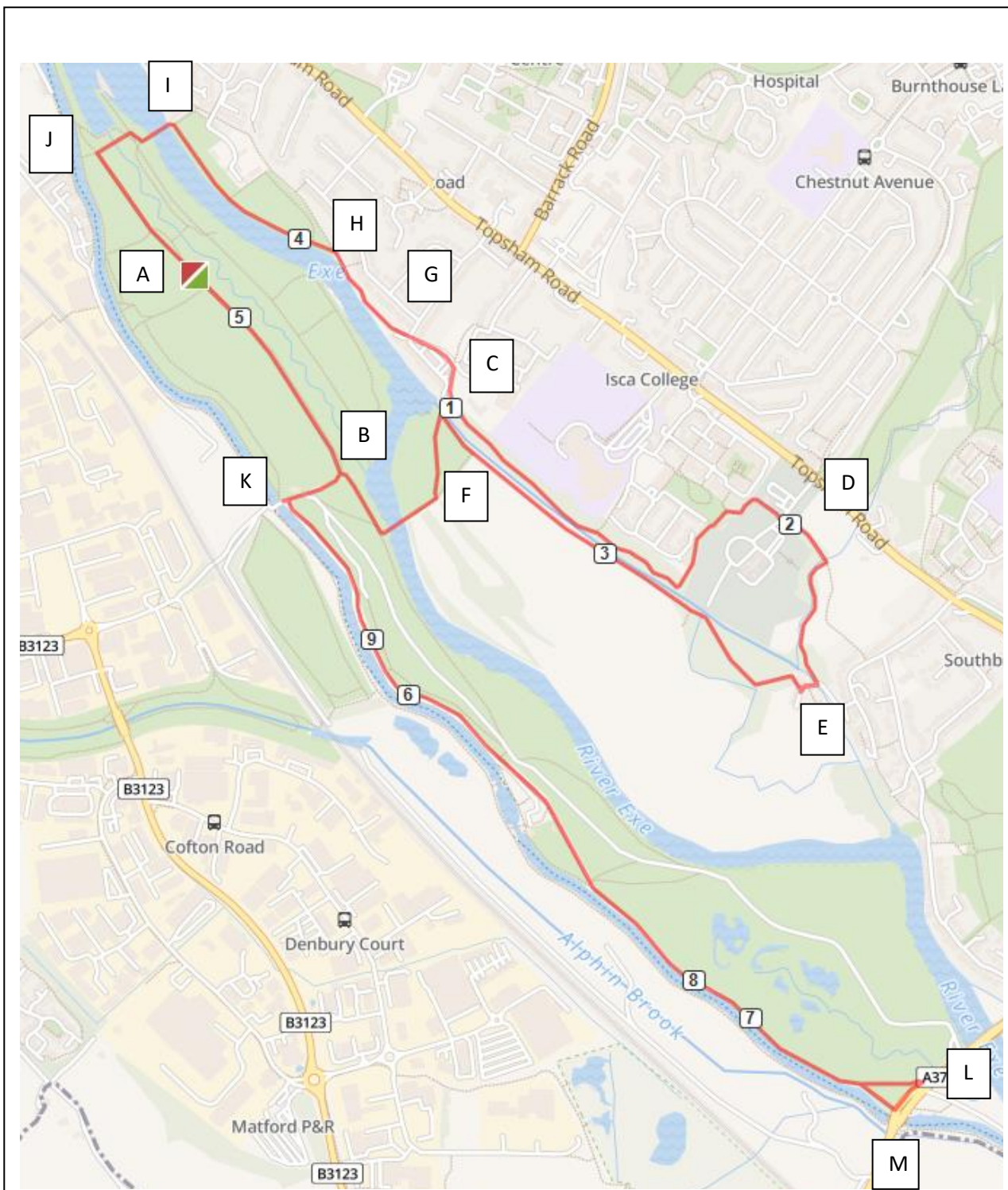


FC10k 2020 – Proposed Route



- Start at A – allow approx. 0.3k before path narrows at B. Continue to C, D (crosses entry road to Crematorium), E
- Compacted stone path (approx. 0.6 miles) between E and F – good for running, but not a “tarmac, concrete or paved” surface. Continue to G
- Road crossing (Salmonpool Lane) at G – needs approval from Police / Highways
- Narrow section (limited opportunities for overtaking) between G and H. Continue to I, J, K, L
- Short section of highway (pavement) between L and M (replaces former section along Bridge Road)
- Continue via M, K (N.B. two-way traffic), to finish at A (close to start – adjust to make exactly 10k)