

## Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	386	Luke	Roberts	Scarpa	SM	01:05:50
2	278	Michal	Lesniak	South Molton Strugglers	SM	01:06:23
3	370	Hamish	Rae	Teignbridge Trotters	SM	01:06:25
4	375	Ceri	Rees		M50	01:07:03
5	404	David	Searle	Moor Endurance	SM	01:07:48
6	54	Nick	Bruce-White	South West Road Runners	M40	01:08:40
7	189	Richard	Hardy	Axe Valley Runners	SM	01:11:40
8	265	Tim	Landy	South West Road Runners	SM	01:11:50
9	209	Dominic	Hilton	Manaton Milers	M40	01:12:03
10	221	Jamie	Howard	South West Road Runners	M45	01:12:21
11	438	Matt	Tapp	South Molton Strugglers	SM	01:12:41
12	61	Miko	Cadeddu	South West Road Runners	SM	01:12:54
13	470	James	Werren		SM	01:12:59
14	450	Rik	Tumber	Axe Valley Runners	SM	01:13:23
15	80	Francis	Colledge	South West Road Runners	SM	01:14:32
16	228	Tim	James	Exeter Triathlon Club	M40	01:14:52
17	389	John	Rostron		SM	01:14:58
18	357	Ethan	Pavey	South West Road Runners	SM	01:15:16
19	312	Rosie	Mew	South West Road Runners	SF	01:15:31
20	324	Lee	Moran	Axe Valley Runners	M40	01:15:38
21	310	Angus	Menter		M45	01:15:38
22	93	Philip	Cowlard	South West Road Runners	M40	01:16:02
23	163	Alistair	Gallaher	AquaBois	SM	01:16:17
24	96	Paul	Cross		SM	01:16:37
25	69	Stan	Charles-Jones	South Molton Strugglers	SM	01:17:27
26	238	Amy	Jones	South West Road Runners	F40	01:17:35
27	83	Lucy	Commander	Exeter Triathlon Club	SF	01:17:53
28	11	Justin	Ashby	N1 TRI CLUB	M50	01:17:55
29	469	Matt	Welch		SM	01:18:26
30	341	James	O'Brien	South West Road Runners	SM	01:19:45
31	284	Anthony	Lock		M60	01:19:56
32	45	Ben	Bradford		M40	01:20:04
33	275	Arthur	Le Saux	South West Road Runners	SM	01:20:07
34	132	Chris	Dupain	Exmouth Harriers	SM	01:20:26
35	422	Rob	Standing	Perran Trail Runners	M50	01:20:33
36	390	Yael	Rowan-Wicks		F45	01:21:11
37	304	Alfie	McIntosh	South West Road Runners	SM	01:21:28
38	416	Rob	Somers	South West Road Runners	M40	01:21:40
39	490	Charlie	Withers	South West Road Runners	M45	01:21:54
40	486	Karl	Williamson		M45	01:21:57
41	20	Jeff	Bardell	South West Road Runners	M40	01:22:08
42	182	Darren	Evans	Launceston Road Runners	M40	01:22:30
43	332	Stuart	Musson	Truro Running Club	M40	01:22:36
44	224	Scott	Hunter	South West Road Runners	SM	01:22:44
45	22	Jacob	Barratt		SM	01:23:02
46	143	Richard	Everson	South West Road Runners	M60	01:23:06
47	245	Ali	Kerridge		F50	01:23:33
48	118	Fleur	Dodwell		SF	01:23:52
49	25	Martina	Bartus		SF	01:24:02

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
50	417	James	Speak	AquaBois	SM	01:24:10
51	127	Dylan	Dudley		SM	01:24:24
52	461	Claire	Watkins	Okehampton RC	F45	01:24:31
53	212	Jerry	Hocking	Torbay Tri Club	M50	01:24:41
54	172	Susanna	Goffe	Teignbridge Trotters	SF	01:25:01
55	138	David	Engledew	Erme Valley Harriers	M60	01:25:08
56	299	Hannah	Mason		SF	01:25:19
57	210	Malcolm	Hilton		M55	01:25:22
58	204	Abigail	Hill		SF	01:25:23
59	237	Simon	Johnson	Torbay Tri Club	M50	01:25:27
60	334	Matt	Neal		SM	01:25:44
61	402	Mike	Saywell	Okehampton RC	M40	01:25:56
62	345	Rupert	Pady	Axe Valley Runners	M50	01:26:02
63	440	Daniel	Thomas	Bridport Runners	SM	01:26:10
64	174	Rob	Gooding	Okehampton RC	SM	01:26:29
65	81	Stephen	Collier	South West Road Runners	M45	01:26:43
66	295	Andrew	Marshall	Plymouth Harriers	M60	01:26:57
67	253	Eddie	Kingdom		SM	01:26:58
68	49	Emilie	Brock	Axe Valley Runners	F40	01:27:04
69	301	Ian	Mcclean	Torbay Tri Club	M55	01:27:08
70	382	Alan	Ritchie		M45	01:27:15
71	38	Kerry	Board	Axe Valley Runners	F45	01:27:21
72	399	Mark	Saunders		M45	01:27:25
73	339	Peter	Nichols	Honiton RC	M40	01:27:47
74	409	Paul	Sherwood	Exeter Triathlon Club	M50	01:27:47
75	153	Claire	Watkins	Okehampton RC	F45	01:27:50
76	145	Karen	Eyre	Axe Valley Runners	F50	01:28:10
77	58	Jamie	Bullock	Trail Running South West	M45	01:28:12
78	155	Mark	Foster	Dulwich Runners AC	M55	01:28:28
79	63	Arron	Carpenter		M45	01:28:53
80	477	Mandy	Wheeler	Teignbridge Trotters	F50	01:29:09
81	363	Archie	Phillips	Chagford Running Club	SM	01:29:15
82	318	Esme	Moffett	Honiton RC	SF	01:29:16
83	326	Rebecca	Morgan	Truro Running Club	F40	01:29:22
84	476	Gavin	Whatley		M40	01:29:30
85	418	Julian	Spencer	Perran Trail Runners	M55	01:29:32
86	359	Jo	Pearce	South West Road Runners	F50	01:29:33
87	14	Ewart	Aylward	Dewerstone	M45	01:29:42
88	116	Bevan	Dickerson	Nailsea Running Club	M45	01:29:46
89	491	Eleanor	Wood	Axe Valley Runners	F65	01:29:47
90	226	Andrew	Iley	South West Road Runners	M40	01:29:55
91	380	Simon	Rickard		M45	01:29:58
92	124	Matt	Driver	Yeovil Town RRC	M55	01:30:03
93	483	Alan	Wilcox		M50	01:30:15
94	368	Stuart	Queen	Run Venture Running Club	M45	01:30:18
95	51	Dan	Brown		SM	01:30:24
96	205	Geoffrey	Hill		M45	01:30:28
97	142	Will	Evans		SM	01:30:29
98	346	Ian	Pang	South West Road Runners	M55	01:30:47
99	218	Jonathan	Hoskin		M40	01:30:49
100	381	Simon	Ridley	Brixham Harriers	M60	01:30:52

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
101	130	Damian	Dunne	Plymouth Musketeers Running Club	M45	01:30:59
102	89	Ed	Cornfield		M40	01:31:05
103	500	Richard	Stone	South West Road Runners	M40	01:31:06
104	90	Kate	Cornfield		F40	01:31:20
105	467	Louise	Webb	Chagford Running Club	F45	01:31:21
106	211	Sarah	Hirons	Erme Valley Harriers	F40	01:31:25
107	433	Louise	Sweeney		SF	01:31:26
108	39	Haydn	Boehm	Axe Valley Runners	M45	01:31:35
109	108	Hadleigh	Davies	Honiton RC	M45	01:31:55
110	330	Robert	Murch	North Devon Road Runners	M45	01:32:00
111	248	Alec	Kiff	Greenbow Running Club	SM	01:32:05
112	198	Russell	Hayter		M40	01:32:21
113	95	Thomas	Coxon		M40	01:32:29
114	307	Jon	Meek	Lonely Goat RC	M55	01:32:32
115	105	Steve	Davey	Honiton RC	M60	01:32:37
116	376	Tanita	Retter		SF	01:32:46
117	104	Simon	Davey	Axe Valley Runners	M55	01:32:46
118	60	Craig	Butler	Exmouth Harriers	M50	01:32:51
119	442	Mark	Thomas	Truro Running Club	M45	01:33:00
120	479	Ian	White	South West Road Runners	M50	01:33:06
121	244	Frank	Kelsall	South West Road Runners	M40	01:33:08
122	158	Chloe	Fox	South West Road Runners	SF	01:33:13
123	366	Jason	Potter	Axe Valley Runners	SM	01:33:26
124	227	Tony	Insull	Nailsea Running Club	M60	01:33:31
125	319	Nicole	Mohan	South West Road Runners	SF	01:33:46
126	448	Suzie	Tosh	South West Road Runners	F45	01:33:48
127	202	Louise	Hempstead	Exmouth Harriers	F45	01:34:06
128	484	Kate	Willett		F40	01:34:34
129	86	Robert	Coombs	Haldon Trail Runners	M55	01:34:49
130	176	Ian	Grail		M55	01:35:06
131	48	Thomas	Brew		SM	01:35:27
132	236	Nigel	Johnson		M50	01:35:29
133	423	Rebecca	Stevens	Honiton RC	F50	01:35:47
134	407	Nick	Shaw		SM	01:35:50
135	154	Rachel	Flinders	Cheddar RC	SF	01:35:59
136	350	Thomas	Parsons	Axe Valley Runners	SM	01:36:17
137	99	Josh	Curtis-Hale	Crediton Running Network	SM	01:36:24
138	36	Paul	Blundell	Hardley Runners	M55	01:36:26
139	478	Sam	Wheeler	Cheddar RC	M40	01:36:34
140	269	Rob	Langley		M50	01:36:35
141	87	Samuel	Coombs	Nailsea Running Club	SM	01:36:35
142	306	Kate	Medlicott	Erme Valley Harriers	F55	01:36:37
143	288	George	Lyle	Waverley Harriers	SM	01:36:48
144	33	Howard	Bidmead	Honiton RC	M65	01:36:57
145	432	Ken	Summers	Erme Valley Harriers	M65	01:37:07
146	384	Harriet	Roberts		SF	01:37:12
147	242	Gareth	Kear		M55	01:37:23
148	497	Ruth	Wright	Chagford Running Club	F55	01:37:32
149	229	David	Jarvis		SM	01:37:34
150	13	Harry	Avis		SM	01:37:48
151	447	Wayne	Tooze	Axe Valley Runners	M50	01:37:50

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
152	159	Mary	Foxwell		F50	01:37:51
153	282	Nicholas	Lloyd	Chagford Running Club	M55	01:37:57
154	66	Carlos	Castillo		M50	01:38:07
155	309	Claire	Mensing	Perran Trail Runners	F45	01:38:13
156	233	Fred	Jenkins	Instinctive Sport Fun Runners	M60	01:38:39
157	255	John	Kipps	South West Road Runners	M55	01:38:57
158	315	Laura	Middleton		SF	01:39:00
159	406	Annie	Seymour		SF	01:39:01
160	146	Becky	Fagg		SF	01:39:01
161	225	Jaine	Hynes	Launceston Road Runners	F55	01:39:03
162	254	Ian	Kinnersley	Axe Valley Runners	M60	01:39:07
163	7	Maria	Anthony	Chepstow Harriers	F55	01:39:13
164	98	Jeffrey	Curd	Tiverton Harriers	M55	01:39:27
165	56	Jenny	Bryant	Tavistock AC	F50	01:39:31
166	190	Steve	Harrington		SM	01:39:40
167	297	Jim	Marshall		M55	01:39:47
168	125	Rebecca	Dru		SF	01:39:50
169	1	Robert	Adams	Yeovil Town RRC	M65	01:39:52
170	194	Jack	Harvey		SM	01:39:56
171	358	Darren	Pearce	Sidmouth Running Club	SM	01:39:59
172	397	Mark	Sanders		M55	01:40:02
173	171	Rosie	Glazier	South West Road Runners	SF	01:40:07
174	394	Bon	Rymel	Teignbridge Trotters	SM	01:40:11
175	331	Katherine	Murray	Okehampton RC	SF	01:40:18
176	137	Alison	Engledew	Erme Valley Harriers	F60	01:40:24
177	201	Brian	Hempstead		M50	01:40:27
178	286	Martin	Loveless	Hardley Runners	M65	01:40:32
179	353	Andrew	Patten		M40	01:40:40
180	456	Patrick	Wakeley	Erme Valley Harriers	M55	01:40:46
181	103	Judy	Davey	Honiton RC	F60	01:40:51
182	73	Chris	Chirgwin	Truro Running Club	SM	01:40:52
183	437	Catherine	Tapp	Tiverton Harriers	F45	01:40:54
184	144	Paul	Evison	Okehampton RC	M65	01:40:58
185	472	Andrew	West	Axe Valley Runners	M60	01:40:58
186	152	Sarah	Fletcher	Exmouth Running Belles	F50	01:41:12
187	42	Guy	Boswell	Plymouth Musketeers Running Club	M55	01:41:15
188	43	Jack	Boulter	CrossFit Exe	SM	01:41:19
189	234	Frances	Johnson	Egdon Heath Harriers	F55	01:41:20
190	347	Gillian	Panter	CrossFit Exe	SF	01:41:26
191	139	Ben	Epps	Haldon Trail Runners	M45	01:41:31
192	166	Joe	Gass		M50	01:41:32
193	120	Thomas	Donnelly		SM	01:41:46
194	57	Julian	Budd	South West Road Runners	M55	01:41:53
195	351	Ian	Partridge		M45	01:41:54
196	424	Monica	Stewart		F55	01:42:02
197	17	Kate	Baker	Exmouth Harriers	F40	01:42:24
198	273	Pauline	Lautard		SF	01:42:38
199	67	Paul	Chadwick	Wells City Harriers	M65	01:42:42
200	207	Susan	Hill	Exmouth Harriers	F60	01:42:50
201	195	James	Hawker	Axe Valley Runners	M45	01:42:56
202	317	Neil	Moffatt	Erme Valley Harriers	M60	01:42:58

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
203	337	Grant	Newman		SM	01:43:12
204	493	Lee	Woodland	Cheddar RC	M55	01:43:14
205	148	Paula	Ferris	Honiton RC	F45	01:43:39
206	421	Victoria	Stamp	Ashburton Hash House Harriers	SF	01:43:45
207	296	Andy	Marshall	Exeter Triathlon Club	M40	01:43:59
208	473	Pippa	Westall	Honiton RC	F60	01:44:15
209	97	Lisa	Cruise	South West Road Runners	SF	01:44:30
210	31	Abbie	Betts		SF	01:44:32
211	303	Kelly	Mcgurk	Exmouth Harriers	SF	01:44:46
212	2	Jack	Ailsby Fish	CrossFit Exe	SM	01:44:45
213	77	Rory	Clisby		M40	01:45:08
214	453	Johnny	Village	Brixham Harriers	M55	01:45:12
215	235	Neil	Johnson	Axe Valley Runners	M65	01:45:25
216	44	Linda	Bracher	Erme Valley Harriers	F50	01:45:42
217	181	Kevin	Hagley	South West Road Runners	M60	01:45:44
218	29	Peter	Bazley	Tavistock AC	M65	01:46:09
219	482	Rob	White	Bovey Valley Runners	M55	01:46:13
220	354	Mark	Pattenden	Holsworthy Running Club	M45	01:46:18
221	177	Andy	Greening	Nailsea Running Club	M45	01:46:21
222	292	Craig	MacAlpine	Erme Valley Harriers	M50	01:46:25
223	320	Josh	Monk	'Runny Runs'	SM	01:46:34
224	123	Richard	Drew		SM	01:46:36
225	247	Nicola	Kew		SF	01:46:40
226	271	Jeremy	Larcombe	Axe Valley Runners	SM	01:46:40
227	387	Wendy	Robertshaw	Bridport Runners	SF	01:46:43
228	352	Andrew	Pate	Wells City Harriers	M60	01:46:52
229	480	Michael	White		M40	01:46:57
230	133	Kyle	Durman		M45	01:47:05
231	463	Michael	Watson	Lonely Goat RC	M45	01:47:11
232	308	Clare	Melbourne	Honiton RC	SF	01:47:13
233	109	Michael	Davies		M65	01:47:21
234	322	John	Moorhouse	Dawlish Coasters	M60	01:47:44
235	191	Richard	Harris	Honiton RC	M60	01:47:45
236	160	Tony	Freeman		M55	01:47:47
237	369	Miriam	Quick		F40	01:47:54
238	239	Mark	Jones	Launceston Road Runners	M40	01:48:02
239	162	Helen	Frow		F50	01:48:06
240	100	Lee	Cusick	South West Road Runners	M55	01:48:08
241	276	Ben	Leaney	Greenbow Running Club	SM	01:48:11
242	147	Robert	Faulkner	Teignbridge Trotters	M60	01:48:11
243	392	Simon	Ruddlesden		M45	01:48:33
244	122	Kay	Douglas	Exmouth Harriers	F60	01:48:34
245	343	John	Outhwaite		M65	01:48:39
246	280	Katy	Lewis	PACTri	F40	01:49:23
247	356	Sophia	Pavelle		SF	01:49:48
248	498	Rob	Wynn-Jones		M40	01:49:49
249	216	Sarah	Holland	Tavistock AC	F45	01:49:55
250	264	Mark	Lancaster	Launceston Road Runners	SM	01:49:55
251	34	Suzi	Blackett	Axe Valley Runners	F40	01:49:57
252	151	Catherine	Fleming	Chagford Running Club	F45	01:50:10
253	178	Joe	Grenham		M60	01:50:15

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254	396	Carolyn	Sanders		F55	01:50:26
255	203	Rachel	Hennessey	Honiton RC	SF	01:50:37
256	321	Mary	Moore	Crediton Running Network	F45	01:50:37
257	128	Natasha	Duncan		SF	01:50:40
258	336	Ginny	Newman		F60	01:50:47
259	426	Charlotte	Stokes		SF	01:50:47
260	385	John P	Roberts	Chagford Running Club	M50	01:50:49
261	70	Andy	Charrington	Axe Valley Runners	M60	01:50:55
262	261	Dawn	Lamerton	Plymstock Road Runners	F55	01:50:58
263	281	Steven	Lewis	Axe Valley Runners	M65	01:51:06
264	75	David	Church	Erme Valley Harriers	M45	01:51:18
265	141	Mark	Evans	CrossFit Exe	SM	01:51:32
266	5	Tanya	Alexander	Holbeton Harriers	F40	01:51:33
267	156	Christopher	Fowler		SM	01:51:39
268	68	Vanda	Van-der-Linden	South West Road Runners	F60	01:51:51
269	362	Helen	Perry-Smith	Plymouth Coasters	SF	01:51:55
270	220	Liz	Househam	Plymstock Road Runners	F55	01:51:56
271	459	Pauline	Warner	South West Road Runners	F65	01:51:19
272	223	Jeff	Hunn		M60	01:52:25
273	101	Graham	Dalton-Ginn	Holworthy Running Club	M40	01:52:26
274	26	Jonathan	Bateman	Royal Wootton Bassett Hounds RC	M65	01:52:36
275	136	Rose	Elliott	South West Road Runners	F50	01:52:40
276	213	Lewis	Jones	South West Road Runners	M65	01:52:48
277	487	James	Wills		M50	01:52:53
278	428	Valentina	Stoyanova		F40	01:52:54
279	102	Alexander	Darvill		SM	01:53:01
280	291	Susan	Lyle	Brixham Harriers	F60	01:53:02
281	344	Volkan	Oztas		M50	01:53:19
282	19	Simon	Ball		M55	01:53:22
283	186	Simon	Hall	Chard Road Runners	M60	01:53:33
284	12	Eleanor	Atkinson		SF	01:53:39
285	241	Suzanne	Kay	South West Road Runners	F40	01:53:43
286	208	Catherine	Hilton	Sidmouth Running Club	F45	01:53:44
287	300	Amanda	McCann	Exmouth Harriers	F45	01:53:47
288	263	Joni	Lancaster		F40	01:54:17
289	443	David	Thompson		M65	01:54:17
290	436	Mark	Tait	South West Road Runners	M50	01:54:24
291	65	Richard	Carus		M45	01:54:27
292	488	Simon	Willshire	Bude RATS	M50	01:54:51
293	193	Emily	Hartman	Bude RATS	F40	01:54:51
294	21	Pete	Barnhoorn		M60	01:54:59
295	274	David	Lawry		SM	01:55:00
296	411	Nicky	Sinclair	Run Venture Running Club	F55	01:55:03
297	129	Pamela	Duncan		F60	01:55:03
298	47	Sallie	Brennan		F40	01:55:10
299	283	Marie	Lochrie	Clevedon AC	F50	01:55:20
300	192	Deb	Hart	Teignbridge Trotters	F60	01:55:39
301	28	Simon	Bates	Honiton RC	M50	01:56:29
302	372	Helen	Ralph	Tamar Trotters	F60	01:56:34
303	161	Christine	Fritsch	Okehampton RC	F45	01:56:40
304	240	Marlowe	Jordan		M45	01:56:41

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305	427	Ellodie	Stott	Okehampton RC	SF	01:56:42
306	492	Zoe	Woodbridge		F50	01:57:07
307	383	Janet	Ritchie	Carn Runners	F60	01:57:22
308	325	Alan	Morbey	Axe Valley Runners	M60	01:57:29
309	23	Simon	Barrett	Instinctive Sport Fun Runners	M60	01:57:40
310	327	Jackie	Morse	Bys Vyken Race Team	F60	01:57:47
311	18	Jonathan	Bale	Portishead RC	M55	01:58:12
312	342	Kate	Ould		SF	01:58:21
313	134	Rosetta	Edmonds	Run Venture Running Club	SF	01:58:38
314	287	Alice	Lyle		SF	01:58:45
315	365	Susie	Pitt		F65	01:58:48
316	214	Gill	Hodge		F45	01:58:49
317	107	Georgina	Davie		SF	01:58:49
318	165	Lynda	Garcia	South West Road Runners	F55	01:58:50
319	338	Debbie	Newson	Budleigh Runners	F45	01:58:52
320	40	Helen	Boiling	Budleigh Runners	F50	01:58:52
321	388	Andrew	Robertson		SM	01:58:58
322	431	Caroline	Studd	Tri-Logic Cornwall	F60	01:58:58
323	279	Georgina	Lewis		F40	01:58:59
324	395	Ivan	Sanchez Garcia		SM	01:59:27
325	170	Cat	Gibbs		SF	01:59:35
326	27	Becky	Bates		SF	01:59:37
327	32	Karen	Bevan-Mogg		F45	01:59:41
328	41	Danika	Bond		SF	01:59:43
329	420	Ross	Stamp	Ashburton Hash House Harriers	SM	02:00:00
330	106	Gemma	Davidson		F40	02:00:06
331	259	Phil	Lacey		M50	02:00:06
332	429	Kylan	Stray		F40	02:00:21
333	230	Emily	Jeacock		SF	02:01:06
334	410	Carine	Silver	LDWA	F45	02:01:10
335	94	Danielle	Cox	South West Road Runners	F40	02:01:20
336	323	Katharine	Moran	Axe Valley Runners	F45	02:01:47
337	457	Si	Walsh	Cheddar RC	M50	02:01:49
338	329	Henry	Muirhead-Smith	CrossFit Exe	SM	02:01:58
339	30	Lawrence	Beard		SM	02:01:58
340	441	Hannah	Thomas	Truro Running Club	F45	02:02:13
341	53	Lorraine	Brown	Truro Running Club	F50	02:02:12
342	414	Henry	Smith	Axe Valley Runners	M55	02:02:40
343	439	Peter	Tassart		M50	02:02:46
344	168	Charlotte	Geeves		SF	02:02:46
345	272	John	Larcombe	Axe Valley Runners	M65	02:02:51
346	260	Scott	Lakin		M40	02:02:54
347	355	Lindsey	Pattinson	South West Road Runners	SF	02:03:20
348	367	Jules	Pring	South West Road Runners	F45	02:03:20
349	114	Jenny	Debenham	South West Road Runners	F40	02:03:23
350	9	Roland	Arnison		M50	02:03:24
351	445	Sarah	Tippett	Run Venture Running Club	F45	02:03:35
352	184	Dennis	Hall	South West Road Runners	M60	02:03:36
353	150	Peter	Fitzgerald		M50	02:03:47
354	111	Mike	Davis		SM	02:03:52
355	290	Madeleine	Lyle	Waverley Harriers	SF	02:04:07

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
356	340	Kelly	Nickels	Axe Valley Runners	F40	02:04:11
357	377	Alison	Richards	Fit 2 Run	F50	02:04:35
358	82	Martin	Collins	Exmouth Harriers	M55	02:04:36
359	435	Caroline	Tait	South West Road Runners	F55	02:04:47
360	113	Mary	Daymond	South West Road Runners	F60	02:04:50
361	413	Donna	Smith	South West Road Runners	F60	02:04:57
362	425	Chris	Stock	South West Road Runners	M40	02:05:30
363	293	Julia	Mallon	Axe Valley Runners	F50	02:05:47
364	217	Helen	Holmes	Axe Valley Runners	F55	02:05:47
365	391	Sam	Rowe	Bys Vyken Race Team	F50	02:06:14
366	454	Linda	Village	Brixham Harriers	F55	02:06:20
367	119	Ann	Donnelly		F65	02:07:49
368	489	Alister	Wintle		M40	02:08:01
369	328	Nicky	Morse	Bys Vyken Race Team	M60	02:08:36
370	408	Nikki	Shaw	Brixham Harriers	F55	02:09:23
371	277	Lisa	Lenaerts		F40	02:09:49
372	88	Sam	Cooper	South West Road Runners	F40	02:09:49
373	59	Kayleigh	Bullock	Ashburton Hash House Harriers	SF	02:09:59
374	270	Richard	Lapwood	Ashburton Hash House Harriers	SM	02:09:59
375	379	Emma	Richardson	Axe Valley Runners	F50	02:10:02
376	446	Samantha	Tooze	Axe Valley Runners	F45	02:10:02
377	78	Jack	Clutterbuck	South West Road Runners	SM	02:10:05
378	62	Alistair	Caird	Start Running Stay Running	M45	02:11:03
379	364	Richard	Pidsley		M55	02:11:13
380	444	Jaime-Ann	Thurlow	PACTri	F45	02:11:16
381	115	Anna	Devlin	Holsworthy Running Club	F55	02:11:40
382	46	Will	Brandon	Vegan Runners UK	M55	02:12:12
383	371	Sean Barrie	Rafton		M50	02:12:39
384	314	Emma	Middleton	Chagford Running Club	F50	02:12:54
385	126	Sophie	Duckett		SF	02:13:31
386	465	Rebecca	Weare		F45	02:13:48
387	199	Emily	Hazeldine		SF	02:13:49
388	257	Shane	Knight		M50	02:13:59
389	249	Stacey	Killian	Run Venture Running Club	SF	02:14:06
390	206	Richard	Hill	South West Road Runners	M50	02:14:15
391	378	Emma	Richards	Torrington AAC	F50	02:14:26
392	92	Jacqui	Couch	Torrington AAC	F50	02:14:27
393	499	Mags	Zaharia	Torrington AAC	F50	02:14:29
394	196	Jennie	Hayes	Torrington AAC	F60	02:14:30
395	232	Eve	Jenkins		F40	02:15:01
396	316	Bryan	Mills		M50	02:15:53
397	50	Andrew	Brown	Truro Running Club	M55	02:16:38
398	71	Louise	Cheetham	Run Venture Running Club	SF	02:16:58
399	16	Donna	Baker	Run Venture Running Club	F40	02:16:58
400	294	Rosie	Marsh	Run Venture Running Club	SF	02:16:59
401	485	Jerry	Williamson		M65	02:17:46
402	219	Carol	Hounsell	Sidmouth Running Club	F45	02:18:16
403	462	Sarah	Watkins	Sidmouth Running Club	F60	02:18:17
404	84	Wendy	Conway		F60	02:18:46
405	175	Andrea	Goude	PACTri	F45	02:18:47
406	37	Caroline	Blunt	PACTri	F55	02:18:50

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
407	3	Nicola	Aindow		F45	02:19:03
408	157	Katie	Fowler		SF	02:20:39
409	434	Maxine	Sweetman	Axe Valley Runners	F65	02:21:03
410	200	Sarah	Hazeldine		F60	02:21:22
411	169	Linda	Gethin	South West Road Runners	F55	02:23:35
412	251	Liana	King	South West Road Runners	F40	02:23:49
413	302	Sarah Jayne	Mcglade		SF	02:29:09
414	475	Recara	Wharton		SF	02:29:44
415	455	Suzanne	Vosper	Plymouth Musketeers Running Club	F40	02:29:45
416	268	Elaine	Langley		F45	02:30:39
417	231	Mark	Jelley	South West Road Runners	M55	02:31:42
418	252	Louise	King	Plymouth Musketeers Running Club	F55	02:32:40
419	72	Fiona	Chesterton		F45	02:32:42
420	250	Bryan	King	Plymouth Musketeers Running Club	M65	02:32:52
421	131	Sharon	Dunridge	Plymouth Musketeers Running Club	F45	02:32:52
422	180	Penny	Hadfield-Bennett	Plymouth Harriers	F50	02:32:52
423	149	Nick	Fishleigh		M40	02:33:35
424	419	Stephanie	Stacey		F60	02:33:36
425	215	Bradley	Hodgkins		SM	02:37:07
426	393	Becky	Russett		F50	02:37:07
427	289	Henry	Lyle		SM	02:41:48
428	85	Louise	Cook		SF	03:03:27
429	401	Trudy	Saxton	South West Road Runners	F60	03:03:27
	15	Ruth	Babbage			DNF
	91	Jenny	Corser			DNF
	121	Anna	Douglas			DNF
	187	Tiffany	Hanley			DNF
	197	Sue	Hayes			DNF
	285	Rachel	Longthorpe			DNF
	349	Cathy	Parkinson			DNF
	466	Jamie	Webb			DNF
	4					No show
	6					No show
	8					No show
	10					No show
	24					No show
	35					No show
	52					No show
	55					No show
	64					No show
	74					No show
	76					No show
	79					No show
	110					No show
	112					No show
	117					No show
	135					No show
	140					No show
	164					No show
	167					No show
	173					No show

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
	179					No show
	183					No show
	185					No show
	188					No show
	222					No show
	243					No show
	246					No show
	256					No show
	258					No show
	262					No show
	266					No show
	267					No show
	298					No show
	305					No show
	311					No show
	313					No show
	333					No show
	335					No show
	348					No show
	360					No show
	361					No show
	373					No show
	374					No show
	398					No show
	400					No show
	403					No show
	405					No show
	412					No show
	415					No show
	430					No show
	449					No show
	451					No show
	452					No show
	458					No show
	460					No show
	464					No show
	468					No show
	471					No show
	474					No show
	481					No show
	495					No show
	496					No show
	497					No show

## Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>
169	1	Robert	Adams	Yeovil Town RRC	M65
212	2	Jack	Ailsby Fish	CrossFit Exe	SM
407	3	Nicola	Aindow		F45
	4				
266	5	Tanya	Alexander	Holbeton Harriers	F40
	6				
163	7	Maria	Anthony	Chepstow Harriers	F55
	8				
350	9	Roland	Arnison		M50
	10				
28	11	Justin	Ashby	N1 TRI CLUB	M50
284	12	Eleanor	Atkinson		SF
150	13	Harry	Avis		SM
87	14	Ewart	Aylward	Dewerstone	M45
	15	Ruth	Babbage		
399	16	Donna	Baker	Run Venture Running Club	F40
197	17	Kate	Baker	Exmouth Harriers	F40
311	18	Jonathan	Bale	Portishead RC	M55
282	19	Simon	Ball		M55
41	20	Jeff	Bardell	South West Road Runners	M40
294	21	Pete	Barnhoorn		M60
45	22	Jacob	Barratt		SM
309	23	Simon	Barrett	Instinctive Sport Fun Runners	M60
	24				
49	25	Martina	Bartus		SF
274	26	Jonathan	Bateman	Royal Wootton Bassett Hounds RC	M65
326	27	Becky	Bates		SF
301	28	Simon	Bates	Honiton RC	M50
218	29	Peter	Bazley	Tavistock AC	M65
339	30	Lawrence	Beard		SM
210	31	Abbie	Betts		SF
327	32	Karen	Bevan-Mogg		F45
144	33	Howard	Bidmead	Honiton RC	M65
251	34	Suzi	Blackett	Axe Valley Runners	F40
	35				
138	36	Paul	Blundell	Hardley Runners	M55
406	37	Caroline	Blunt	PACTri	F55
71	38	Kerry	Board	Axe Valley Runners	F45
108	39	Haydn	Boehm	Axe Valley Runners	M45
320	40	Helen	Boiling	Budleigh Runners	F50
328	41	Danika	Bond		SF
187	42	Guy	Boswell	Plymouth Musketeers Running Club	M55
188	43	Jack	Boulter	CrossFit Exe	SM
216	44	Linda	Bracher	Erme Valley Harriers	F50
32	45	Ben	Bradford		M40
382	46	Will	Brandon	Vegan Runners UK	M55
298	47	Sallie	Brennan		F40
131	48	Thomas	Brew		SM
68	49	Emilie	Brock	Axe Valley Runners	F40

397	50	Andrew	Brown	Truro Running Club	M55
95	51	Dan	Brown		SM
	52				
341	53	Lorraine	Brown	Truro Running Club	F50
6	54	Nick	Bruce-White	South West Road Runners	M40
	55				
165	56	Jenny	Bryant	Tavistock AC	F50
194	57	Julian	Budd	South West Road Runners	M55
77	58	Jamie	Bullock	Trail Running South West	M45
373	59	Kayleigh	Bullock	Ashburton Hash House Harriers	SF
118	60	Craig	Butler	Exmouth Harriers	M50
12	61	Miko	Cadeddu	South West Road Runners	SM
378	62	Alistair	Caird	Start Running Stay Running	M45
79	63	Arron	Carpenter		M45
	64				
291	65	Richard	Carus		M45
154	66	Carlos	Castillo		M50
199	67	Paul	Chadwick	Wells City Harriers	M65
268	68	Vanda	Van-der-Linden	South West Road Runners	F60
25	69	Stan	Charles-Jones	South Molton Strugglers	SM
261	70	Andy	Charrington	Axe Valley Runners	M60
398	71	Louise	Cheetham	Run Venture Running Club	SF
419	72	Fiona	Chesterton		F45
182	73	Chris	Chirgwin	Truro Running Club	SM
	74				
264	75	David	Church	Erme Valley Harriers	M45
	76				
213	77	Rory	Clisby		M40
377	78	Jack	Clutterbuck	South West Road Runners	SM
	79				
15	80	Francis	Colledge	South West Road Runners	SM
65	81	Stephen	Collier	South West Road Runners	M45
358	82	Martin	Collins	Exmouth Harriers	M55
27	83	Lucy	Commander	Exeter Triathlon Club	SF
404	84	Wendy	Conway		F60
428	85	Louise	Cook		SF
129	86	Robert	Coombs	Haldon Trail Runners	M55
141	87	Samuel	Coombs	Nailsea Running Club	SM
372	88	Sam	Cooper	South West Road Runners	F40
102	89	Ed	Cornfield		M40
104	90	Kate	Cornfield		F40
	91	Jenny	Corser		
392	92	Jacqui	Couch	Torrington AAC	F50
22	93	Philip	Cowlard	South West Road Runners	M40
335	94	Danielle	Cox	South West Road Runners	F40
113	95	Thomas	Coxon		M40
24	96	Paul	Cross		SM
209	97	Lisa	Cruise	South West Road Runners	SF
164	98	Jeffrey	Curd	Tiverton Harriers	M55
137	99	Josh	Curtis-Hale	Crediton Running Network	SM
240	100	Lee	Cusick	South West Road Runners	M55
273	101	Graham	Dalton-Ginn	Holsworthy Running Club	M40

279	102	Alexander	Darvill		SM
181	103	Judy	Davey	Honiton RC	F60
117	104	Simon	Davey	Axe Valley Runners	M55
115	105	Steve	Davey	Honiton RC	M60
330	106	Gemma	Davidson		F40
317	107	Georgina	Davie		SF
109	108	Hadleigh	Davies	Honiton RC	M45
233	109	Michael	Davies		M65
	110				
354	111	Mike	Davis		SM
	112				
360	113	Mary	Daymond	South West Road Runners	F60
349	114	Jenny	Debenham	South West Road Runners	F40
381	115	Anna	Devlin	Holsworthy Running Club	F55
88	116	Bevan	Dickerson	Nailsea Running Club	M45
	117				
48	118	Fleur	Dodwell		SF
367	119	Ann	Donnelly		F65
193	120	Thomas	Donnelly		SM
	121	Anna	Douglas		
244	122	Kay	Douglas	Exmouth Harriers	F60
224	123	Richard	Drew		SM
92	124	Matt	Driver	Yeovil Town RRC	M55
168	125	Rebecca	Dru		SF
385	126	Sophie	Duckett		SF
51	127	Dylan	Dudley		SM
257	128	Natasha	Duncan		SF
297	129	Pamela	Duncan		F60
101	130	Damian	Dunne	Plymouth Musketeers Running Club	M45
421	131	Sharon	Dunridge	Plymouth Musketeers Running Club	F45
34	132	Chris	Dupain	Exmouth Harriers	SM
230	133	Kyle	Durman		M45
313	134	Rosetta	Edmonds	Run Venture Running Club	SF
	135				
275	136	Rose	Elliott	South West Road Runners	F50
176	137	Alison	Engledew	Erme Valley Harriers	F60
55	138	David	Engledew	Erme Valley Harriers	M60
191	139	Ben	Epps	Haldon Trail Runners	M45
	140				
265	141	Mark	Evans	CrossFit Exe	SM
97	142	Will	Evans		SM
46	143	Richard	Everson	South West Road Runners	M60
184	144	Paul	Evison	Okehampton RC	M65
76	145	Karen	Eyre	Axe Valley Runners	F50
160	146	Becky	Fagg		SF
242	147	Robert	Faulkner	Teignbridge Trotters	M60
205	148	Paula	Ferris	Honiton RC	F45
423	149	Nick	Fishleigh		M40
353	150	Peter	Fitzgerald		M50
252	151	Catherine	Fleming	Chagford Running Club	F45
186	152	Sarah	Fletcher	Exmouth Running Belles	F50
75	153	Claire	Watkins	Okehampton RC	F45

135	154	Rachel	Flinders	Cheddar RC	SF
78	155	Mark	Foster	Dulwich Runners AC	M55
267	156	Christopher	Fowler		SM
408	157	Katie	Fowler		SF
122	158	Chloe	Fox	South West Road Runners	SF
152	159	Mary	Foxwell		F50
236	160	Tony	Freeman		M55
303	161	Christine	Fritsch	Okehampton RC	F45
239	162	Helen	Frow		F50
23	163	Alistair	Gallaher	AquaBois	SM
	164				
318	165	Lynda	Garcia	South West Road Runners	F55
192	166	Joe	Gass		M50
	167				
344	168	Charlotte	Geeves		SF
411	169	Linda	Gethin	South West Road Runners	F55
325	170	Cat	Gibbs		SF
173	171	Rosie	Glazier	South West Road Runners	SF
54	172	Susanna	Goffe	Teignbridge Trotters	SF
	173				
64	174	Rob	Gooding	Okehampton RC	SM
405	175	Andrea	Goude	PACTri	F45
130	176	Ian	Grail		M55
221	177	Andy	Greening	Nailsea Running Club	M45
253	178	Joe	Grenham		M60
	179				
422	180	Penny	Hadfield-Bennett	Plymouth Harriers	F50
217	181	Kevin	Hagley	South West Road Runners	M60
42	182	Darren	Evans	Launceston Road Runners	M40
	183				
352	184	Dennis	Hall	South West Road Runners	M60
	185				
283	186	Simon	Hall	Chard Road Runners	M60
	187	Tiffany	Hanley		
	188				
7	189	Richard	Hardy	Axe Valley Runners	SM
166	190	Steve	Harrington		SM
235	191	Richard	Harris	Honiton RC	M60
300	192	Deb	Hart	Teignbridge Trotters	F60
293	193	Emily	Hartman	Bude RATS	F40
170	194	Jack	Harvey		SM
201	195	James	Hawker	Axe Valley Runners	M45
394	196	Jennie	Hayes	Torrington AAC	F60
	197	Sue	Hayes		
112	198	Russell	Hayter		M40
387	199	Emily	Hazeldine		SF
410	200	Sarah	Hazeldine		F60
177	201	Brian	Hempstead		M50
127	202	Louise	Hempstead	Exmouth Harriers	F45
255	203	Rachel	Hennessey	Honiton RC	SF
58	204	Abigail	Hill		SF
96	205	Geoffrey	Hill		M45

390	206	Richard	Hill	South West Road Runners	M50
200	207	Susan	Hill	Exmouth Harriers	F60
286	208	Catherine	Hilton	Sidmouth Running Club	F45
9	209	Dominic	Hilton	Manaton Milers	M40
57	210	Malcolm	Hilton		M55
106	211	Sarah	Hirons	Erme Valley Harriers	F40
53	212	Jerry	Hocking	Torbay Tri Club	M50
276	213	Lewis	Jones	South West Road Runners	M65
316	214	Gill	Hodge		F45
425	215	Bradley	Hodgkins		SM
249	216	Sarah	Holland	Tavistock AC	F45
364	217	Helen	Holmes	Axe Valley Runners	F55
99	218	Jonathan	Hoskin		M40
402	219	Carol	Hounsell	Sidmouth Running Club	F45
270	220	Liz	Househam	Plymstock Road Runners	F55
10	221	Jamie	Howard	South West Road Runners	M45
	222				
272	223	Jeff	Hunn		M60
44	224	Scott	Hunter	South West Road Runners	SM
161	225	Jaine	Hynes	Launceston Road Runners	F55
90	226	Andrew	Iley	South West Road Runners	M40
124	227	Tony	Insull	Nailsea Running Club	M60
16	228	Tim	James	Exeter Triathlon Club	M40
149	229	David	Jarvis		SM
333	230	Emily	Jeacock		SF
417	231	Mark	Jelley	South West Road Runners	M55
395	232	Eve	Jenkins		F40
156	233	Fred	Jenkins	Instinctive Sport Fun Runners	M60
189	234	Frances	Johnson	Egdon Heath Harriers	F55
215	235	Neil	Johnson	Axe Valley Runners	M65
132	236	Nigel	Johnson		M50
59	237	Simon	Johnson	Torbay Tri Club	M50
26	238	Amy	Jones	South West Road Runners	F40
238	239	Mark	Jones	Launceston Road Runners	M40
304	240	Marlowe	Jordan		M45
285	241	Suzanne	Kay	South West Road Runners	F40
147	242	Gareth	Kear		M55
	243				
121	244	Frank	Kelsall	South West Road Runners	M40
47	245	Ali	Kerridge		F50
	246				
225	247	Nicola	Kew		SF
111	248	Alec	Kiff	Greenbow Running Club	SM
389	249	Stacey	Killian	Run Venture Running Club	SF
420	250	Bryan	King	Plymouth Musketeers Running Club	M65
412	251	Liana	King	South West Road Runners	F40
418	252	Louise	King	Plymouth Musketeers Running Club	F55
67	253	Eddie	Kingdom		SM
162	254	Ian	Kinnersley	Axe Valley Runners	M60
157	255	John	Kipps	South West Road Runners	M55
	256				
388	257	Shane	Knight		M50

	258				
331	259	Phil	Lacey		M50
346	260	Scott	Lakin		M40
262	261	Dawn	Lamerton	Plymstock Road Runners	F55
	262				
288	263	Joni	Lancaster		F40
250	264	Mark	Lancaster	Launceston Road Runners	SM
8	265	Tim	Landy	South West Road Runners	SM
	266				
	267				
416	268	Elaine	Langley		F45
140	269	Rob	Langley		M50
374	270	Richard	Lapwood	Ashburton Hash House Harriers	SM
226	271	Jeremy	Larcombe	Axe Valley Runners	SM
345	272	John	Larcombe	Axe Valley Runners	M65
198	273	Pauline	Lautard		SF
295	274	David	Lawry		SM
33	275	Arthur	Le Saux	South West Road Runners	SM
241	276	Ben	Leaney	Greenbow Running Club	SM
371	277	Lisa	Lenaerts		F40
2	278	Michal	Lesniak	South Molton Strugglers	SM
323	279	Georgina	Lewis		F40
246	280	Katy	Lewis	PACTri	F40
263	281	Steven	Lewis	Axe Valley Runners	M65
153	282	Nicholas	Lloyd	Chagford Running Club	M55
299	283	Marie	Lochrie	Clevedon AC	F50
31	284	Anthony	Lock		M60
	285	Rachel	Longthorpe		
178	286	Martin	Loveless	Hardley Runners	M65
314	287	Alice	Lyle		SF
143	288	George	Lyle	Waverley Harriers	SM
427	289	Henry	Lyle		SM
355	290	Madeleine	Lyle	Waverley Harriers	SF
280	291	Susan	Lyle	Brixham Harriers	F60
222	292	Craig	MacAlpine	Erme Valley Harriers	M50
363	293	Julia	Mallon	Axe Valley Runners	F50
400	294	Rosie	Marsh	Run Venture Running Club	SF
66	295	Andrew	Marshall	Plymouth Harriers	M60
207	296	Andy	Marshall	Exeter Triathlon Club	M40
167	297	Jim	Marshall		M55
	298				
56	299	Hannah	Mason		SF
287	300	Amanda	McCann	Exmouth Harriers	F45
69	301	Ian	McClellan	Torbay Tri Club	M55
413	302	Sarah Jayne	Mcglade		SF
211	303	Kelly	Mcgurk	Exmouth Harriers	SF
37	304	Alfie	McIntosh	South West Road Runners	SM
	305				
142	306	Kate	Medlicott	Erme Valley Harriers	F55
114	307	Jon	Meek	Lonely Goat RC	M55
232	308	Clare	Melbourne	Honiton RC	SF
155	309	Claire	Mensing	Perran Trail Runners	F45

21	310	Angus	Menter		M45
	311				
19	312	Rosie	Mew	South West Road Runners	SF
	313				
384	314	Emma	Middleton	Chagford Running Club	F50
158	315	Laura	Middleton		SF
396	316	Bryan	Mills		M50
202	317	Neil	Moffatt	Erme Valley Harriers	M60
82	318	Esme	Moffett	Honiton RC	SF
125	319	Nicole	Mohan	South West Road Runners	SF
223	320	Josh	Monk	'Runny Runs'	SM
256	321	Mary	Moore	Crediton Running Network	F45
234	322	John	Moorhouse	Dawlish Coasters	M60
336	323	Katharine	Moran	Axe Valley Runners	F45
20	324	Lee	Moran	Axe Valley Runners	M40
308	325	Alan	Morbey	Axe Valley Runners	M60
83	326	Rebecca	Morgan	Truro Running Club	F40
310	327	Jackie	Morse	Bys Vyken Race Team	F60
369	328	Nicky	Morse	Bys Vyken Race Team	M60
338	329	Henry	Muirhead-Smith	CrossFit Exe	SM
110	330	Robert	Murch	North Devon Road Runners	M45
175	331	Katherine	Murray	Okehampton RC	SF
43	332	Stuart	Musson	Truro Running Club	M40
	333				
60	334	Matt	Neal		SM
	335				
258	336	Ginny	Newman		F60
203	337	Grant	Newman		SM
319	338	Debbie	Newson	Budleigh Runners	F45
73	339	Peter	Nichols	Honiton RC	M40
356	340	Kelly	Nickels	Axe Valley Runners	F40
30	341	James	O'Brien	South West Road Runners	SM
312	342	Kate	Ould		SF
245	343	John	Outhwaite		M65
281	344	Volkan	Oztas		M50
62	345	Rupert	Pady	Axe Valley Runners	M50
98	346	Ian	Pang	South West Road Runners	M55
190	347	Gillian	Panter	CrossFit Exe	SF
	348				
	349	Cathy	Parkinson		
136	350	Thomas	Parsons	Axe Valley Runners	SM
195	351	Ian	Partridge		M45
228	352	Andrew	Pate	Wells City Harriers	M60
179	353	Andrew	Patten		M40
220	354	Mark	Pattenden	Holsworthy Running Club	M45
347	355	Lindsey	Pattinson	South West Road Runners	SF
247	356	Sophia	Pavelle		SF
18	357	Ethan	Pavey	South West Road Runners	SM
171	358	Darren	Pearce	Sidmouth Running Club	SM
86	359	Jo	Pearce	South West Road Runners	F50
	360				
	361				

269	362	Helen	Perry-Smith	Plymouth Coasters	SF
81	363	Archie	Phillips	Chagford Running Club	SM
379	364	Richard	Pidsley		M55
315	365	Susie	Pitt		F65
123	366	Jason	Potter	Axe Valley Runners	SM
348	367	Jules	Pring	South West Road Runners	F45
94	368	Stuart	Queen	Run Venture Running Club	M45
237	369	Miriam	Quick		F40
3	370	Hamish	Rae	Teignbridge Trotters	SM
383	371	Sean Barrie	Rafton		M50
302	372	Helen	Ralph	Tamar Trotters	F60
	373				
	374				
4	375	Ceri	Rees		M50
116	376	Tanita	Retter		SF
357	377	Alison	Richards	Fit 2 Run	F50
391	378	Emma	Richards	Torrington AAC	F50
375	379	Emma	Richardson	Axe Valley Runners	F50
91	380	Simon	Rickard		M45
100	381	Simon	Ridley	Brixham Harriers	M60
70	382	Alan	Ritchie		M45
307	383	Janet	Ritchie	Carn Runners	F60
146	384	Harriet	Roberts		SF
260	385	John P	Roberts	Chagford Running Club	M50
1	386	Luke	Roberts	Scarpa	SM
227	387	Wendy	Robertshaw	Bridport Runners	SF
321	388	Andrew	Robertson		SM
17	389	John	Rostron		SM
36	390	Yael	Rowan-Wicks		F45
365	391	Sam	Rowe	Bys Vyken Race Team	F50
243	392	Simon	Ruddlesden		M45
426	393	Becky	Russett		F50
174	394	Bon	Rymel	Teignbridge Trotters	SM
324	395	Ivan	Sanchez Garcia		SM
254	396	Carolyn	Sanders		F55
172	397	Mark	Sanders		M55
	398				
72	399	Mark	Saunders		M45
	400				
429	401	Trudy	Saxton	South West Road Runners	F60
61	402	Mike	Saywell	Okehampton RC	M40
	403				
5	404	David	Searle	Moor Endurance	SM
	405				
159	406	Annie	Seymour		SF
134	407	Nick	Shaw		SM
370	408	Nikki	Shaw	Brixham Harriers	F55
74	409	Paul	Sherwood	Exeter Triathlon Club	M50
334	410	Carine	Silver	LDWA	F45
296	411	Nicky	Sinclair	Run Venture Running Club	F55
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361	413	Donna	Smith	South West Road Runners	F60

342	414	Henry	Smith	Axe Valley Runners	M55
	415				
38	416	Rob	Somers	South West Road Runners	M40
50	417	James	Speak	AquaBois	SM
85	418	Julian	Spencer	Perran Trail Runners	M55
424	419	Stephanie	Stacey		F60
329	420	Ross	Stamp	Ashburton Hash House Harriers	SM
206	421	Victoria	Stamp	Ashburton Hash House Harriers	SF
35	422	Rob	Standing	Perran Trail Runners	M50
133	423	Rebecca	Stevens	Honiton RC	F50
196	424	Monica	Stewart		F55
362	425	Chris	Stock	South West Road Runners	M40
259	426	Charlotte	Stokes		SF
305	427	Ellodie	Stott	Okehampton RC	SF
278	428	Valentina	Stoyanova		F40
332	429	Kylan	Stray		F40
	430				
322	431	Caroline	Studd	Tri-Logic Cornwall	F60
145	432	Ken	Summers	Erme Valley Harriers	M65
107	433	Louise	Sweeney		SF
409	434	Maxine	Sweetman	Axe Valley Runners	F65
359	435	Caroline	Tait	South West Road Runners	F55
290	436	Mark	Tait	South West Road Runners	M50
183	437	Catherine	Tapp	Tiverton Harriers	F45
11	438	Matt	Tapp	South Molton Strugglers	SM
343	439	Peter	Tassart		M50
63	440	Daniel	Thomas	Bridport Runners	SM
340	441	Hannah	Thomas	Truro Running Club	F45
119	442	Mark	Thomas	Truro Running Club	M45
289	443	David	Thompson		M65
380	444	Jaime-Ann	Thurlow	PACTri	F45
351	445	Sarah	Tippett	Run Venture Running Club	F45
376	446	Samantha	Tooze	Axe Valley Runners	F45
151	447	Wayne	Tooze	Axe Valley Runners	M50
126	448	Suzie	Tosh	South West Road Runners	F45
	449				
14	450	Rik	Tumber	Axe Valley Runners	SM
	451				
	452				
214	453	Johnny	Village	Brixham Harriers	M55
366	454	Linda	Village	Brixham Harriers	F55
415	455	Suzanne	Vosper	Plymouth Musketeers Running Club	F40
180	456	Patrick	Wakeley	Erme Valley Harriers	M55
337	457	Si	Walsh	Cheddar RC	M50
	458				
271	459	Pauline	Warner	South West Road Runners	F65
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52	461	Claire	Watkins	Okehampton RC	F45
403	462	Sarah	Watkins	Sidmouth Running Club	F60
231	463	Michael	Watson	Lonely Goat RC	M45
	464				
386	465	Rebecca	Weare		F45

	466	Jamie	Webb		
105	467	Louise	Webb	Chagford Running Club	F45
	468				
29	469	Matt	Welch		SM
13	470	James	Werren		SM
	471				
185	472	Andrew	West	Axe Valley Runners	M60
208	473	Pippa	Westall	Honiton RC	F60
	474				
414	475	Recara	Wharton		SF
84	476	Gavin	Whatley		M40
80	477	Mandy	Wheeler	Teignbridge Trotters	F50
139	478	Sam	Wheeler	Cheddar RC	M40
120	479	Ian	White	South West Road Runners	M50
229	480	Michael	White		M40
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219	482	Rob	White	Bovey Valley Runners	M55
93	483	Alan	Wilcox		M50
128	484	Kate	Willett		F40
401	485	Jerry	Williamson		M65
40	486	Karl	Williamson		M45
277	487	James	Wills		M50
292	488	Simon	Willshire	Bude RATS	M50
368	489	Alister	Wintle		M40
39	490	Charlie	Withers	South West Road Runners	M45
89	491	Eleanor	Wood	Axe Valley Runners	F65
306	492	Zoe	Woodbridge		F50
204	493	Lee	Woodland	Cheddar RC	M55
	495				
	496				
148	497	Ruth	Wright	Chagford Running Club	F55
	497				
248	498	Rob	Wynn-Jones		M40
393	499	Mags	Zaharia	Torrington AAC	F50
103	500	Richard	Stone	South West Road Runners	M40



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